CHAKRA	ORGANS	MENTAL, EMOTIONAL ISSUES	PHYSICAL DISFUNCTIONS	GLAND	NERVE PLEXUS
Root chakra MULADHARA Red	Physical body support Base of spine Legs, bones Feet Rectum Immune system	Physical family and group security Ability to provide for life's necessities Ability to stand up for self Feeling at home Social and familial law and order	Chronic lower back pain Sciatica Varicose veins Haemorroids Constipation Knee problems Obesity and weight problems Addictive behaviours Rectal tumors/camcer Depression Immune-related disorders	Adrenals	Coccygeal plexus
Sacral chakra SWADISTANA OrangeOrang	Sexual organs Large intestine Lower vertebrae Pelvis Appendix Bladder Hip area	Blame and guilt Money and sex Power and control Creativity Ethics and honor in relationships	Chronic lower back pain Sciatica Gynaecological problems Fertility problems Pelvic/low back pain Sexual potency Urinary problems i.e. cystitis Fibrosys	Gonads: Ovaries, testes	Hypogastric plexus

CHAKRA	ORGANS	MENTAL, EMOTIONAL ISSUES	PHYSICAL DISFUNCTIONS	GLAND	NERVE PLEXUS
Solar plexus chakra MANIPURA Yellow Good Contemporation Human talent:Commitment Shadow emotions: Anger, greed	Abdomen Stomach Upper Intestines Liver, gallbladder Kidney, pancreas Adrenal glands Spleen Middle spine	Trust Fear and intimidation Self-esteem, self-confidence, and self-respect Care of oneself and others Responsibility for making decisions Sensitivity to criticism Personal honor	Arthritis Gastric or duodenal ulcers Colon/intestinal problems Pancreatitis/diabetes Indigestion, chronic or acute Anorexia or bulimia Ulcers Liver disfunctions Hepatitis Adrenal disfunction	Pancreas	Coeliac plexus
Heart chakra ANAHATA Green	Heart and circulatory system Lungs Shoulders and arms Ribs/breasts Diaphragm Thymus gland	Love and hatred Resentment and bitterness Grief and anger Self-centerdness Loneliness and commitment Forgiveness and compassion Hope and trust	Congestive heart failure Myocardial infarction (heart attack) Mitral valve prolapse Cardiomegaly Asthma/allergy Lung cancer Bronchial pneunoma Upper back, shoulder Breast cancer	Thymus	Cardial plexus Brachial plexus

CHAKRA	ORGANS	MENTAL, EMOTIONAL ISSUES	PHYSICAL DISFUNCTIONS	GLAND	NERVE PLEXUS
Throat chakra VISHUDDHA Blue When the state of the state	Throat Thyroid Trachea Neck vertebrae Mouth Teeth and gums Esophagus Parathyroid Hypothalamus	Choice and strangth of will Personal expression Following one's dreams Using personal power to create Addiction Judgment and criticism Faith and knowledge Capacity to make decisions	Rapsy throat Chronic sore throat and loss of voice Mouth ulcers Teeth and gum difficulties Temporomandibular joint problems Scoliosis Laringitis Swollen glands Thyroid problems	Thyroid	Pharingeal plexus Cervical plexus
Brow chakra AYNA Indigo	Brain Nervous system Eyes, ears Nose Pineal gland Pituitary gland	Self-evaluation Truth Intellectual abilities Feeling of adequacy Openness to the ideas of others Ability to learn from experience Emotional intelligence	Brain tumor/haemorrahge/ stroke Neurological disturbances Blindness/deafness Full spinal difficulties Learning disabilities Seizures Insomnia	Pineal	Autonomic nervous system

CHAKRA	ORGANS	MENTAL, EMOTIONAL ISSUES	PHYSICAL DISFUNCTIONS	GLAND	NERVE PLEXUS
Crown chakra SAHASRARA Violet	Muscular system Skeletal system Skin	Ability to trust life Values, ethics, and courage Humanitarianism Selflessness Ability to see the larger pattern Faith and inspiration Spirituality and devotion	Energetic disorders Mystical depression Chronic exhaustion that is not linked to a physical disorder Extreme sensitivities to light, sound, and other environmental factors	Pituitary	Central nervous system